



Frequently Asked Questions

Q: What can I do to insure the success of my orthodontic treatment?

- A:**
- *Follow all of our instructions provided to you by Dr. Samuelson and our team
 - *Keep your appliances clean
 - *Wear your elastics as required
 - *Keep your teeth clean / brushing and flossing regularly
 - *Avoid those hard, sticky, crunchy, and chewy foods

Q: What if the bands or brackets break?

- A:** Contact our office immediately to schedule a repair appointment. If the bracket falls off the wire please save it and bring it with you to your appointment.

Q: What if the arch wire is broken or a hook or tie is lost?

- A:** These problems can cause teeth to shift in the wrong direction and must be corrected as soon as possible. Contact our office to schedule an appointment.

Q: What if there is a wire sticking out or poking in your mouth?

- A:** Try tucking it in with the eraser end of a pencil. If that doesn't work, dry with a napkin and place wax over the tip of the wire to prevent irritation. Wax can also be applied to a bracket or hook causing discomfort.

Q: What if your mouth feels sore?

- A:** Rinse your mouth with warm salt water and/or take Advil or Tylenol as directed.

Q: What if my child plays sports?

- A:** Please let our clinical staff know, we recommend mouth guards. We offer custom mouth guards here at our office.

Q: What if my child plays a musical instrument?

- A:** There are no limitations on musical instruments, though it may take time to adjust to playing with braces on.