

# Braces



# Invisalign

Treatment can last anywhere from 1-3 years depending on the individual case.

Braces stay on your teeth the entire time you're in treatment, no more hard candy :(.

Taking care of your teeth with braces can take a little longer than usual, flossing with special floss threaders, and thoroughly brushing debris out of braces after every meal, before you go to bed and when you wake up in the morning.

We want to see you every 4-6 weeks with metal braces, sooner and more often if something feels funny or breaks.

Braces do have fun colored ties, but they have a tendency to be more noticeable when you smile.

Treatment usually only lasts 6 months to 2 years.

You take your trays out only to eat and brush, but that means you can eat whatever you want.

Brushing and flossing is the same as usual, only with the added step of brushing and rinsing your trays before you put them back in.

At your first delivery appointment you'll receive all of your trays. We'll have you switch them out every week and see us every 4-10 weeks depending on your case. If something happens to one of your trays you can switch to the next weeks trays, no need to pay for a replacement.

We love the way braces look but not everyone does, trays are clear and discrete.

